

Remington

Adams

- Junior • Middle (F/O)
- 5' 9" • 165 lbs.
- Barrington, N.H.
- (Dover HS)
- Major: History

37

Shirk on Adams: "Rem is a great kid with a hardnosed attitude. He will battle for time on the wings of face-offs, and as a short-stick d-middle."

2007: Played in five games in 2007, including his first two collegiate starts ... scooped up five groundballs, including two each versus Manhattan and Mount St. Mary's. **2006:** Saw action in three games ... won 50% of his face-off attempts (3-6) ... selected to the Big South Presidential Honor Roll. **High School/Personal:** Four year lacrosse player at Dover HS ... registered 68 career goals and 32 assists... 1st Team All-State for senior season... named to Fosters Daily Democrat Boy's Lacrosse Dream Team and New Hampshire All-Star Team ... member of the New England Premier Lacrosse and Czech Republic travel team... team won the Lacrosse State Championship ... full name is Remington Douglas Adams ... son of Wayne and Susan Adams.

Year	G/GS	SOG	G	A	PTS	GB	P/Min.
2006	3/0	0	0	0	0	2	0/0.0
2007	5/2	0	0	0	0	5	0/0.0
Total:	8/2	0	0	0	0	7	0/0.0



Matt

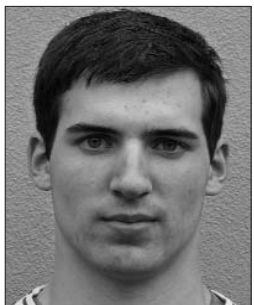
Brode

- Freshman • Middle
- 5' 8" • 170 lbs.
- Allison Park, Penn.
- (Hampton)
- Major: Psychology

7

Shirk on Brode: "Matt is one of our freshmen face-off men that will use this year as a red-shirt year to better hone his skills."

High School/Personal: Attended Valley Forge Military College after high school graduation, where he both played lacrosse and boxed ... at Hampton, named WPSLA Div. II All-Midfield in 1996 ... lettered four years in lacrosse ... full name is Matthew Kevin Brode ... son of Kevin and Debbie Brode.



Will

Carlton

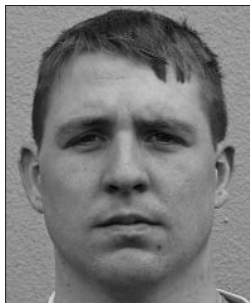
- Junior • Defender
- 5' 11" • 195 lbs.
- Winston-Salem, N.C.
- (R.J. Reynolds HS)
- Major: Biology

28

Shirk on Carlton: "Will is a hard working young man who has come into his own as a junior. He will play a major role in our defensive rotation."

2007: Fired first collegiate shot 2/28 versus Presbyterian ... earned first college start April 25 versus Mount St. Mary's.

2006: Appeared in one game ... selected to Big South Presidential Honor Roll ... Dean's List recipient. **High School/Personal:** Three-year letterwinner in lacrosse and football... Named Defender-of-the-Year in 2005... Two-time team captain ... Team MVP and North Carolina 4A All-State Honorable Mention defender ... National Honors Society member ... full name is William Romulus Yarborough Carlton, Jr ... son of Susan and Will Carlton, Sr.



John

Collier

- Junior • Goalie/D-Middle
- 5' 10" • 180 lbs.
- Centreville, Va.
- (Woodberry HS)
- Major: Civil Engineering

1

Shirk on Collier: "John is a versatile player who is willing to whatever is best for the team. He will be back playing in the goal this season as that is the position we are lacking the most depth."

2007: Scored first collegiate goal March 17 versus Siena ... grabbed five groundballs in first season as defensive player. **2006:** Started three games in net as a freshman ... posted VMI's top two save totals (16 & 13) ... second on the team with 41 saves ... team best 53.9% save percentage ... selected to the Big South Presidential Honor Roll. **High School/Personal:** Three year letterwinner at Woodberry Forest... was defensive captain and received Coaches Award ... lettered two years in football ... Honor Court member ... full name is John Charles Collier ... son of Pam and William Collier ('72).

Year	G/GS	Min.	GA	GAA	Svs.	Pct.	W	L	T
2006	5/3	199	35	10.55	41	.539	0	3	0
2007					Played as D-Middle				
Total:	5/3	199	35	10.55	41	.539	0	3	0



Hayden

Cox

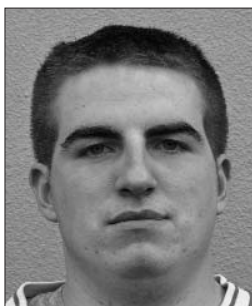
- Sophomore • Attack
- 6' 1" • 175 lbs.
- Great Falls, Va.
- (Langley HS)
- Major: International Studies

8

Shirk on Cox: "Hayden is an outstanding young man who benefited from playing time as a freshman. We expect big things from him as he continues to mature."

2007: Saw action in thirteen of the Keydets' games, starting four ... tallied six goals as a freshman ... posted first career two-goal game April 28 at Marist ... Also registered three assists on the season. **High School/Personal:** Two-year middle and attacker on the Langley Saxons HS lacrosse team ... team ranked 75th nationally ... participant in Mad-Lax All-Stars and Advantage N.O.V.A... full name is Jonathan Hayden Cox ... son of Jon and Josee Cox.

Year	G/GS	SOG	G	A	PTS	GB	P/Min.
2006	3/0	0	0	0	0	2	0/0.0
2007	5/2	0	0	0	0	5	0/0.0
Total:	8/2	0	0	0	0	7	0/0.0



Ryan Crean

- Sophomore • Attack
- 5' 10" • 165 lbs.
- Danbury, Conn.
- (Immaculate HS)
- Major: International Studies

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Shirk on Crean: "Ryan is one of our young sophomore attackmen with a great lacrosse I.Q. He will use this year to develop his game for an increased role in the future."

2007: Played in four games on the season. **High School/Personal:** Four-year letterwinner at Immaculate HS ... recorded 40 career points ... member of the National Honors Society ... full name is Ryan Charles Crean ... son of Jerry and Sue Crean.

Year	G/GS	SOG	G	A	PTS	GB	P/Min.
2007	4/0	0	0	0	0	0	0/0.0
Total:	4/0	0	0	0	0	0	0/0.0



Bobby Davis

- Sophomore • Midfielder
- 5' 10" • 170 lbs.
- Vienna, Va.
- (Oakton HS)
- Major: International Studies

21

Shirk on Davis: "Bobby is another one of our talented sophomores on the first midfield line. We will rely on his work ethic and competitive attitude this season."

2007 : Scored five goals, two assists on the season ... scooped up fourteen ground balls. **High School/Personal:** Reached State Championship three-straight years, winning twice ('04 & '05) ... had two goals and one assist in 2006 state title game against Robinson ... First Team All-District & Second Team All-Region ... also received letters in football & track ... played with the Team Advantage NOVA All-Stars ... MadLax Club member ... full name is Robert John Davis, III ... son of Robert and Cecile Davis.

Year	G/GS	SOG	G	A	PTS	GB	P/Min.
2007	14/0	45	5	2	7	14	7/6.5
Total:	14/0	45	5	2	7	14	7/6.5



Bobby Davis (front) and Sean McCoy (rear)



Matt Harrison



Matt Harrison

- Senior • Attack
- 6' 0" • 190 lbs.
- Great Mills, Md.
- (St. Mary's Ryken HS)
- Major: Civil Engineering

18

Shirk on Harrison: "Matt has the size, speed, and agility to have a breakout year at the attack position. For our offense to be successful we will need him to play tough around the cage."

2007: Started all fourteen games for the Keydets ... tallied eighteen points ... had three-goal game April 21 versus Wagner ... grabbed twenty ground-balls. **2006:** Played in all 13 games with five starts ... netted five goals on the year ... 75% SOG percentage ... had first multi-goal game against Wagner... Dean's List recipient. **2005:** Played in four games at middle for the Keydets, picked up one ground ball. **High School/Personal:** Four-year letterwinner in lacrosse ... second team all-conference...Participated in Charlottesville Lacrosse League ... also lettered three-years in soccer and basketball ... received Brother Clyde Student Athlete award ... recipient of NROTC Scholarship ... full name is Matthew Carter Harrison ... son of Don and Sheila Harrison.

Year	G/GS	SOG	G	A	PTS	GB	P/Min.
2005	4/0	0	0	0	0	1	0/0.0
2006	13/5	12	5	1	6	10	1/1.0
2007	14/14	39	14	4	18	20	5/4.0
Total:	31/19	51	19	5	24	31	6/5.0





Bobby Hawley

- Senior • Defense
- 5' 10" • 195 lbs.
- Fulton, N.Y.
- (G. Ray Bodley)
- Major: Mech. Engineering

48

Shirk on Hawley: "Bobby is a good kid with a great attitude. He will see time this season in our defensive rotation and on our man down unit."

2007: Played in six games ... snagged two groundballs. **2006:** Saw action in three games in the defense. **2005:** Did not see game action. **High School/Personal:** Played lacrosse (four years) and football (2 years) in high school ... played one season at Cayuga Community College in 2004 ... full name is Robert William Hawley, Jr ... son of Beckie and Bob Hawley. **Other:** Transferred to VMI from Cayuga in 2005.

Year	G/GS	SOG	G	A	PTS	GB	P/Min.
2006	3/0	0	0	0	0	0	0/0.0
2007	6/0	0	0	0	0	2	0/0.0
Total:	9/0	0	0	0	0	2	0/0.0



Zach Henke

- Freshman • D-Middie
- 6' 0" • 172 lbs.
- Gardiner, N.Y.
- (Wallkill N.Y.)
- Major: International Studies

26

Shirk on Henke: "Zach is one of the freshmen who will take this year to learn the system. We see Zach playing a major role as a face-off man and a short-stick D-Middie in the future."

High School/Personal: Three-year letterwinner as middle at Wallkill H.S. ... was section all-star final two seasons ... also lettered in track, as well as football, where he played in the 2004 state championship game ... full name is Zachary P. Henke ... son of Paul and Connie Henke.



Kevin Hill



Kevin Hill

- Senior • Attack
- 6' 0" • 170 lbs.
- Rockville Centre, N.Y.
- (South Side HS)
- Major: Psychology

5

Shirk on Hill: "Kevin is the backbone of our attack. Our success this season will be dependent on his leadership."

2007: Talled fifty points, good for the team lead and top-10 in the MAAC ... his 26 assists tied him for the fifth-best total in VMI history ... named to 2007 pre-season all-MAAC team. **2006:** Led the team in scoring with 17 goals and 14 assists ... recipient of the Worrell-Fallon Award at the 19th Annual Lee-Jackson Classic with a career-best six points ... scored four man-up goals ... fourth on the team in groundballs ... had five multi-goal games and nine multi-point games. **2005:** Had a phenomenal freshman campaign, netting 11 goals and 17 assists for 28 points ... scored two game-winning goals (Siena and Washington & Lee) ... selected by team as Co-Freshman of the Year. **High School/Personal:** Member of Class "B" state champions at South Side ... scored the most points in the state play-off and most goals ... named All-Nassau County ... full name is Kevin D. Hill ... son of Susan and Brian Hill.

Year	G/GS	SOG	G	A	PTS	GB	P/Min.
2005	14/0	23	11	17	28	19	1/1.0
2006	13/7	46	17	14	31	32	4/3.0
2007	14/12	81	24	26	50	26	6/5.5
Total:	41/19	150	52	57	109	77	11/9.5



David Jacobs

**Team Captain*

- Senior • Middie
- 5' 9" • 185 lbs.
- Plainview, N.Y.
- (Plainview JFK)
- Major: History

4

Shirk on Jacobs: "David is a workhorse with a great attitude. He puts the good of the team above himself which is why his teammates voted him a Captain for the second year in a row."

2007: Talled a career-high nine points ... fired 37 shots, the seventh-highest total for VMI ... named team captain. **2006:** Played in twelve games as a middie ... scored two goals, both man-up scores ... sat out season finale with an injury. **2005:** Saw action in five games in the midfield. **High School/Personal:** Four-year letterman at Plainview JFK ... named all-county ... played with Team Long Island ... four-year letterman at wide receiver on the football team ... full name is David Francis Jacobs ... son of Noreen and Harold Jacobs ... studied abroad in Argentina in the Summer of 2006.

Year	G/GS	SOG	G	A	PTS	GB	P/Min.
2005	5/0	0	0	0	0	0	1/0.5
2006	12/1	6	2	0	2	6	0/0.0
2007	14/0	37	5	4	9	11	1/0.5
Total:	31/1	43	7	4	11	17	2/1.0



David Jacobs



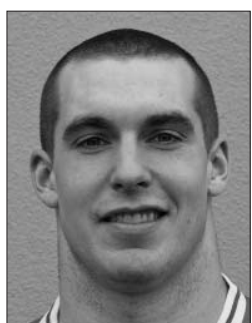
Sean Kennedy

- Sophomore • Defense
- 6' 0" • 185 lbs.
- Floral Park, N.Y.
- (Floral Park HS)
- Major: International Studies

39

Shirk on Kennedy: "Sean is the type of player that goes 100 mph all the time. I love those types of players because it is easier to slow a kid down than try to speed him up. He is going to be a very good player at VMI."

2007: Saw action in one game. **High School/Personal:** Was a New York State Section 8 All-Conference selection for the Floral Park Knights ... received three letters in lacrosse, and one in football ... team played in Nassau County Semi-Finals ... full name is Sean Matthew Kennedy ... son of Matt and Carol Kennedy.



Chris Kenney

- Freshman • Defense
- 6' 1" • 211 lbs.
- Baltimore, Md.
- (Mt. St. Joseph's)
- Major: Civil Engineering

16

Shirk on Kenney: "Chris is another one of our talented freshmen who will use this year to develop for an increased role in the future."

High School/Personal: Attended Wyoming Seminary Prep after graduation, where he lettered in lacrosse as well as captaining the football team ... three-year letterwinner in both football and lacrosse in high school ... named all-conference in football senior season ... played defense and long pole middle during prep career.



Richard Kent

- Freshman • Attack
- 5' 10" • 165 lbs.
- North Potomac, Md.
- (Thomas Wootton)
- Major: Mechanical Engineering

6

Shirk on Kent: "Richard is a talented attackman who will use this year to develop his skills for a more prominent role in the future."

High School/Personal: Three-year letterwinner at attack for Thomas Wootton High School ... helped lead team to first-ever state championship game .. full name is Richard Albert Kent ... son of Gary and Amalia Kent.



Brett Leonard



Brett Leonard

- Sophomore • Attack
- 5' 11" • 170 lbs.
- Laurel, Md.
- (St. Vincent Pallotti)
- Major: Economics & Business

10

Shirk on Leonard: "Brett has flourished in his new role running on our first midfield line. He is a hard worker with a great attitude and an outstanding lacrosse I.Q."

2007: Tallied seventeen goals, good for second on the squad ... scored four of those against Presbyterian on 2/28 ... had highest shot percentage on team (minimum 10 shots) with his .472 ... played in all fourteen games as a freshman. **High School/Personal:** Four-year attack & middle at St. Vincent Pallotti...two-time team captain... recorded 188 goals and 101 assists ... led Baltimore-Metro area in points scored (113) in 2006 ... named MIAA All-Conference three-times (2004-2006) ... helped lead team to MIAA B Conference state title, going undefeated in conference play ... voted team offensive MVP and team attackman of the year ... recipient of the Laurie Cotter Award for excellence in academics and athletics ... full name is Brett Alexander Leonard ... son of Jack and Heather Leonard.

Year	G/GS	SOG	G	A	PTS	GB	P/Min.
2007	14/12	36	17	6	23	23	4/2.5
Total:	14/12	36	17	6	23	23	4/2.5



Steve Lindley

- Sophomore • Attack
- 5' 8" • 160 lbs.
- Pottstown, Penn.
- (Pottsgrove HS)
- Major: Economics & Business

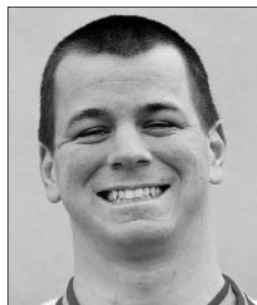
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Shirk on Lindley: "Steve is a coach's dream. His work ethic, attitude, and toughness has earned him the respect of his teammates and the coaching staff."

2007: Played in twelve of the Keydets' contests ... tallied two goals on just three shots ... totaled four points on the season ... scored goal versus conference rival Manhattan on 3/24. **High School/Personal:** Lettered four years in lacrosse for Pottsgrove HS at attack ... selected team captain ... lettered three years in soccer, was also team captain on defense and midfield ... two-year member of the Falcons wrestling team ... full name is Stephen Andrew Lindley ... son of Reed and Janet Lindley.

Year	G/GS	SOG	G	A	PTS	GB	P/Min.
2007	12/0	3	2	2	4	3	0/0.0
Total:	12/0	3	2	2	4	3	0/0.0

Steve Lindley



Patrick Maloney

- Junior • Goalie
- 5' 9" • 180 lbs.
- Silver Spring, Md.
- (James Hubert Blake)
- Major: Civil Engineering

40

Shirk on Maloney: "Pat is a hard worker who will use this season to develop his game."

2007: Played in one game, did not amass any statistics. **2006:** Did not see game action. **High School/Personal:** Received four letters in lacrosse, three in hockey, two in football and one in wrestling...team went 8-5 in senior season...full name is Patrick Andrew Maloney...son of Janis and Mark Maloney.



Sean McCoy

- Sophomore • Goalie
- 6' 2" • 195 lbs.
- Hudson, Ohio.
- (Hudson HS)
- Major: Biology

3

Shirk on McCoy: "Sean is a pure goalie with great leadership skills. He is our returning starter who we will lean on as our backbone of the defense."

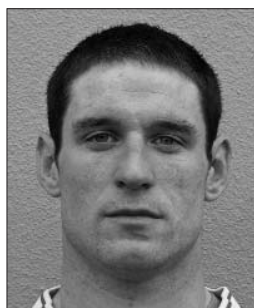
2007: Started all fourteen games in goal as a freshman ... posted team-high sixteen saves on three different occasions ... had save percentage over .500 three different times. **High School/Personal:** Lettered three years in lacrosse and soccer ... First-Team GCHSL and Second Team All-Ohio selection ... broke school record for fewest goals allowed (125) and saves (223) in 2005 ... led team to State Final Four ... injured for most of 2006 season, but still named Second Team OHSLA Region III ... named to Who's Who Among American High School Students ... member of National Honor Society and American Art Honor Society ... had artwork printed in *The Mosaic Art & Literary Magazine* ... full name is Sean Kenton McCoy... son of Jeff and Nancy McCoy. **Other:** 2006 VMI Fall Dean's List recipient.

Year	G/GS	Min.	GA	GAA	Svs.	Pct.	W	L	T
2007	14/14	831	175	12.70	160	.475	2	12	0
Total:	14/14	831	175	12.70	160	.475	2	12	0



Sean McCoy (top) and Tim Moran (bottom)





Tim Moran

- Sophomore • Middie
- 5' 9" • 175 lbs.
- Florence, N.J.
- (Holy Cross HS)
- Major: History

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Shirk on Moran: "Tim is one of our best athletes. He is tough, hustles, and will be counted on this year to be one of our top threats."

2007: Had six two-goal games as a freshman, including five versus conference opponents ... also tallied two assists apiece versus Siena, Drexel, and Wagner, and scored a season-high four points in each of those match-ups ... fired seven shots in 2007 Lee-Jackson Classic against Washington and Lee ... scooped up 39 groundballs, good for third on the squad. **High School/Personal:** Four-year middie at Holy Cross HS ... was the team's defensive MVP twice ... was an Group B All-Conference selection ... lettered twice in basketball ... received distinctions of All-County, All-Parochial (2x) and All-Conference (2x) in football ... has 11 brothers and sisters, five of which play(ed) collegiate sports ... full name is Timothy John Moran ... son of Joseph and Christine Moran.

Year	G/GS	SOG	G	A	PTS	GB	P/Min.
2007	14/6	59	13	8	21	39	5/4.0
Total:	14/6	59	13	8	21	39	5/4.0



Jesse Newman

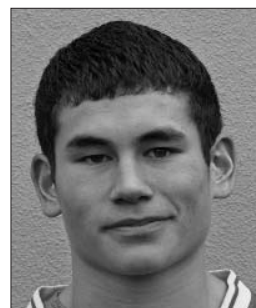
- Sophomore • Middie
- 5' 10" • 155 lbs.
- Florence, N.J.
- (Parkville HS)
- Major: History

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Shirk on Newman: "Jesse is a young man who has greatly improved his game this year. He will see time on one of our midfield units and as a clearing midfielder this year."

2007: Played in two games during freshman campaign. **High School/Personal:** Three-year middie at Parkville ... recipient of the team's Groundball Award ... was team MVP of the Knights cross country team ... attended the Towson and Harford Lacrosse Camps ... Three-time Honor Roll selection ... also played on the Perry Hall Rec. team and in the Parkville Indoor Lacrosse League ... mother, Laura was a field hockey player for the Maryland Terrapins ... full name is Jesse Luke Newman ... son of David and Laura Newman.

Year	G/GS	SOG	G	A	PTS	GB	P/Min.
2007	2/0	1	0	0	0	1	0/0.0
Total:	2/0	1	0	0	0	1	0/0.0



Justin Ong

- Sophomore • Middie
- 6' 0" • 170 lbs.
- Potomac Falls, Va.
- (Potomac Falls HS)
- Major: Mechanical Engineering

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Shirk on Ong: "Justin has started to come into his own as a sophomore. He will wear many hats this year as an offensive middie, clearing middie, and on the wing of face-offs."

2007: Made collegiate debut in season opener versus Hartford ... fired first shot in college ranks during win over Presbyterian, 2/28. **High School/Personal:** Three-year middie at Potomac Falls HS ... First-Team All-District selection ... scored 52 career goals, 19 assists and recorded 137 groundballs ... named Offensive Player of the Year and ground ball award ... holds school record for most goals and groundballs in a season, and most goals & assists in a game ... full name is Justin Allen Ong ... son of Tak & Patricia Ong. **Other:** 2006 VMI Fall Dean's List recipient.

Year	G/GS	SOG	G	A	PTS	GB	P/Min.
2007	8/0	2	0	0	0	0	0/0.0
Total:	8/0	2	0	0	0	0	0/0.0



Dave Padgett

- Sophomore • Middie
- 5' 11" • 185 lbs.
- Rye, N.Y.
- (Rye HS)
- Major: Mechanical Engineering

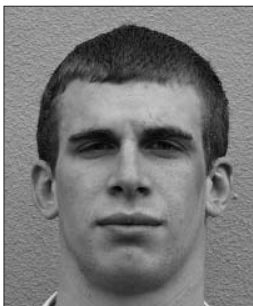
22

Shirk on Padgett: "Dave is the type of player that every team needs. He does the dirty work. Plays defense, takes face-offs, gets the tough GB's, and never shies away from contact."

2007: Started first two games of season ... attempted six shots in 2/28 win over Presbyterian ... grabbed five groundballs in season opener versus Hartford ... scored first collegiate goal 3/31 versus Canisius. **High School/Personal:** Three-year letterwinner in lacrosse and football... All-Section 1 and All-League as a face-off middie ... recorded 31 goals and 13 assists in senior season ... led team to regional championship and state semifinals ... 2003-2004 state football runner-ups, and 2005 state champions ... National Honor Society member ... full name is David Allen Padgett ... son of Judy Weeks-Padgett ... 2006 VMI Fall Dean's List recipient.

Year	G/GS	SOG	G	A	PTS	GB	P/Min.
2007	14/2	11	2	0	2	19	2/1.0
Total:	14/2	11	2	0	2	19	2/1.0





Lowell Patterson

- Sophomore • Faceoff Middle
- 5' 11" • 185 lbs.
- Bethesda, Md.
- (Heights School)
- Major: English

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Shirk on Patterson: "Lowell is probably our only true face-off specialist. We will rely on him this season to gain us advantages in the face-off game."

2007: Played in thirteen of the Keydets' games, missing only the season finale versus Marist ... won over 33% of faceoffs as a freshman. **High School/Personal:** Three-year letterwinner, 2006 team captain ... received Cavalier Award for leadership ... scored 72 goals and 35 assists in final two seasons ... First-Team All-MILL & Championship game MVP ... Honorable Mention All-Metro ... played for Southern Maryland Select team in Summer 2005 ... full name is Lowell Horace Patterson, IV ... son of Lowell and Catherine Patterson.

Year	G/GS	SOG	G	A	PTS	GB	P/Min.
2007	13/3	2	0	0	0	10	2/3.5
Total:	13/3	2	0	0	0	10	2/3.5

Lowell Patterson



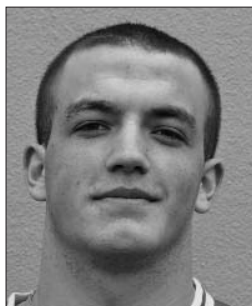
Brian Peeler

- Senior • Middle
- 5' 11" • 175 lbs.
- Springfield, Va.
- (Robert E. Lee HS)
- Major: Economics & Business

24

Shirk on Peeler: "Brian is an outstanding young man that is willing to play any role to help the team be successful."

2007: Did not play. **2006:** Played in two games on the third line of middies. **2005:** Did not see game action. **High School/Personal:** Three-year letterwinner at Robert E. Lee ... named honorable mention all-district while playing defense ... member of the Virginia Super Juniors Lacrosse team ... full name is Brian Allen Peeler ... son of Diane and John Peeler.



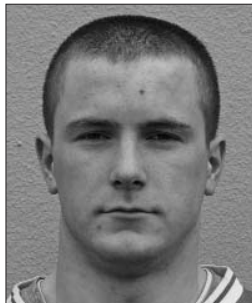
Dan Perestock

- Sophomore • Middle
- 6' 1" • 200 lbs.
- Gibsonia, Pa.
- (Hampton HS)
- Major: Biology

32

Shirk on Perestock: "Dan has adjusted well to the speed of the game as a sophomore. He will play a much bigger role this season at the face-off X and as a short-stick D-Middle."

2007: Played in two games during 2007 campaign. **High School/Personal:** Three-year member of the two-time WPSLA champion Hampton Talbots lacrosse team ... was a two-time WPSLA All-Conference middle ... team captain and MVP for senior season ... member of the 3RL select team and Keyston state team ... brother (Ryan) and sister (Jenny) played lacrosse at St. Vincent College (Pa.) ... full name is Daniel Patrick Perestock ... son of Nancy Perestock.



Matt Piazza

- Freshman • Attack
- 5' 9" • 155 lbs.
- Tully, N.Y.
- (Tully HS)
- Major: Economics and Business

9

Shirk on Piazza: "Matt is one of our talented freshmen who is adjusting to the speed of the college game. We expect big things from him as he continues to develop."

High School/Personal: Full name is Matthew Anthony Piazza ... son of Phil and Darlene Piazza.



John Regan



John Regan, Jr.

- Senior • Middle
- 5' 11" • 190 lbs.
- Mt. Airy, Md.
- (Glenelg HS)
- Major: History

12

Shirk on Regan: "John has an excellent lacrosse I.Q. that will earn him playing time this season on the defensive side of the ball and in the clearing game."

2007: Scored all three of his season's points in conference play ... scored goals versus MAAC opponents Siena and Providence ... grabbed twelve groundballs, including four versus Mount St. Mary's. **2006:** Was one of VMI's most improved players ... scored first career goal against Hartford ... key member of the team's man-down unit. **2005:** Did not see game action. **High School/Personal:** Two-year letterman and team captain at Glenelg ... scored 16 goals and four assists as a senior ... Two-year letterman on the wrestling team ... finished senior season with a record of 16-6 in wrestling ... full name is Kevin John Regan, Jr ... son of Patricia and Kevin Regan ... father played lacrosse at Salisbury University (Md.).

Year	G/GS	SOG	G	A	PTS	GB	P/Min.
2006	13/0	1	1	1	2	8	3/2.5
2007	14/0	8	2	1	3	12	3/2.5
Total:	27/0	9	3	2	5	20	6/5.0



Roland Richardson

- Freshman • Attack
- 5' 8" • 160 lbs.
- Chesapeake, Va.
- (Norfolk Collegiate)
- Major: Economics and Business

32

Shirk on Richardson: "Roland is a great kid who will use this year to develop his skills."

High School/Personal: Four-year lacrosse letterwinner at Norfolk Collegiate ... full name is Norwood Roland Richardson II ... son of Raymond and Carol Richardson.



Ben Schaefer

- Freshman • Defense
- 5' 10" • 165 lbs.
- Montgomery Village, Md.
- (Our Lady of Good)
- Major: Economics and Business

44

Shirk on Schaefer: "Ben is a hard worker that will use this year to develop his game for an increased role in the future."

High School/Personal: Lettered four years at defense for Our Lady of Good Counsel ... was named honorable mention all-conference in 2005 ... named all-conference in 2006 .. full name is Robert Benjamin Schaefer ... son of Robert and Carole Schaefer.



Matt Spitzer

- Freshman • Long Stick Middle
- 5' 7" • 165 lbs.
- Warrenton, Va.
- (Highland School)
- Major: Economics and Business

27

Shirk on Spitzer: "Matt will use this year to learn the system and better his skills for an increased role down the road."

High School/Personal: Three-year letterwinner at defense for Highland School ... named defensive MVP of his squad ... grabbed a combined 152 groundballs as an upperclassman ... full name is Matthew Charles Spitzer ... son of Dewayne and Lisa Spitzer.



Matt Turner

- Senior • Long Stick Middle
- 6' 0" • 190 lbs.
- Franklin, Tenn.
- (Centennial HS)
- Major: Mechanical Engineering

38

Shirk on Turner: "Matt is one of our best athletes with a great attitude. He is going to play a major role this season at the long stick midfield position and on the wings of face-offs."

2007: Started nine games ... grabbed 29 groundballs, including four each against Presbyterian, Canisius, and Wagner ... tallied second career goal, finding the net April 21 against Wagner ... caused two turnovers March 24 against Manhattan. **2006:** Started five games at LSM ... scored first career goal against Robert Morris ... picked up 16 groundballs and caused four turnovers ... named to MAAC All-Academic Team ... selected to the Big South Presidential Honor Roll ... Dean's List recipient. **2005:** Did not see game action. **High School/Personal:** Two-year letterwinner at Centennial, playing defense and long-stick middle ... named defensive MVP and both first and second team All-State ... also played on the soccer team, where he won the coach's award ... full name is Matthew Kyle Turner ... son of Mark and Mary Turner.

Year	G/GS	SOG	G	A	PTS	GB	P/Min.
2005	DNP						
2006	13/5	1	1	0	1	16	5/4.0
2007	12/9	2	1	0	1	29	5/4.5
Total:	25/14	3	2	0	2	45	10/8.5





Matt Turner

Jacob Weimer

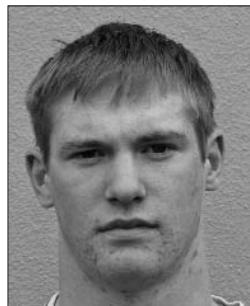
- Sophomore • Attack
- 5' 10" • 160 lbs.
- Bear, Del.
- (Christiana HS)
- Major: Mechanical Engineering

33

Shirk on Weimer: "Jacob is a great kid who has a knack for finding the back of the net. He has really worked hard to improve his game and will be a force in the starting attack group."

2007: Scored first goal of collegiate career April 25 versus Mount St. Mary's ... caused turnover March 24 against Manhattan ... played in six contests during freshman season. **High School/Personal:** Scored 106 goals and 126 assists in four years at Christiana... team captain and First Team All-Conference ... received Delaware Interscholastic Athletic Association Scholar-Athlete Award ... was team captain and state championship participant in swimming ... team was two-time state high school champion in hockey ... full name is Jacob Lee Weimer ... son of Nicholas & Sara Weimer.

Year	G/GS	SOG	G	A	PTS	GB	P/Min.
2007	6/0	2	1	0	1	1	1/0.5
Total:	6/0	2	1	0	1	1	1/0.5



Leonard Weschler

- Sophomore • Middle
- 6' 1" • 195 lbs.
- Vienna, Va.
- (James Madison HS)
- Major: International Studies

30

Shirk on Weschler: "Leonard is another player that has greatly improved from a freshman to a sophomore. He will battle for time as one of our top face-off specialists this season."

2007: Saw time in Keydets' February 28 win over Presbyterian. **High School/Personal:** Earned school letters in wrestling (3), lacrosse (2) and football (1) at James Madison HS ... played primarily as a d-middle and fog ... posted a career 52-36 mark in wrestling at 145, 152 & 160 ... as an Eagle Scout, earned a medal of merit for saving a life ... full name is Leonard McDonnell Weschler ... son of Leonard Weschler and Maureen McDonnell-Weschler.



Brett Whitsitt

- Junior • Defender
- 5' 11" • 185 lbs.
- McLean, Va.
- (Langley HS)
- Major: Economics

20

Shirk on Whitsitt: "Brett is a hard worker that is battling for time in our defensive rotation. He is the senior leader that sets the bar high in all of our conditioning drills which in return makes everyone work harder."

2007: Started six games on the season ... grabbed seventeen groundballs, a career best ... caused two turnovers versus Virginia. **2006:** Played in eight games and made one start ... picked up four groundballs ... named to MAAC All-Academic Team ... selected to Big South Presidential Honor Roll ... Dean's List recipient. **2005:** Played in two contests, registered one groundball. **High School/Personal:** Three-year letterwinner at Langley.. First-team All-District and All-Region ... played with "Madlax" all-star team ... played in STX Shootout, Top 205 and Georgetown Shootout ... lettered in football and wrestling ... full name is Jeremy Brett Whitsitt ... son of Kristy and William Whitsitt. **Other:** Was team captain for Oxford University Lacrosse Club.

Year	G/GS	SOG	G	A	PTS	GB	P/Min.
2005	2/0	0	0	0	0	1	0/0.0
2006	8/1	0	0	0	0	4	0/0.0
2007	13/6	0	0	0	0	17	5/6.5
Total:	23/7	0	0	0	0	22	5/6.5





Brett Whitsitt



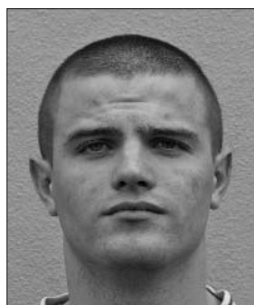
Shane Wilkinson

- Freshman • Defense
- 6' 0" • 180 lbs.
- Williamsburg, Va.
- (Jamestown)
- Major: International Studies

25

Shirk on Wilkinson: "Shane is one of our freshmen defensemen who is battling to break into the starting rotation. He has a great work ethic and will be a force on the defensive end."

High School/Personal: Three-year lacrosse letterwinner at defense and LSM ... was captain of team during senior season ... recieved leadership and service award during that campaign ... member of Naval ROTC with Marine Corps option.



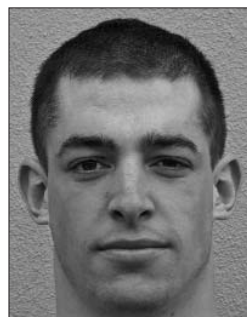
Jamie Wulforst

- Freshman • Middie
- 6' 2" • 205 lbs.
- Medfield, Mass.
- (Medfield HS)
- Major: Mechanical Engineering

34

Shirk on Wulforst: "Jamie is a big, strong midfielder who is adjusting to the speed of the college game well. He will see time this year on one of our mid-field units which will greatly benefit him for the future."

High School/Personal: Member of three-time state championship lacrosse team at Medfield High ... recieved three letters for time on that squad ... also lettered three years in football and four years in indoor track (where he was named team captain) ... member of 2006 state championship football team ... full name is James Wulforst ... son of James and Jennifer Wulforst.



Pat Zanelotti

- Senior • Defense
- 6' 1" • 220 lbs.
- Chantilly, Va.
- (Paul IV HS)
- Major: International Studies

35

*Team Captain

Shirk on Zanelotti: "Pat was elected a captain by his teammates because he is a great leader. We will rely on his leadership for success this season."

2007: Started all fourteen VMI games, one of only three Keydets to do so (Harrison, McCoy) ... registered 42 groundballs, good for the team lead ... grabbed eight groundballs during season opener versus Hartford ... second on squad in turnovers caused with six. **2006:** Made the transition from LSM to Defense ... started ten games and played in all 13 games on the year as a defender ... scooped up 20 ground balls, and caused eight turnovers ... was a Dean's List recipient. **2005:** Played in 13 games and made four starts at long stick middle as a freshman ... picked up eight ground balls. **High School/Personal:** Three year letterman at Paul VI ... two-time All-WCAC selection as a defender ... the 2004 Northern Region "Defender to Watch" ... became first player in school history to be named Defensive MVP three years in a row ... picked up 34 groundballs in senior season ... also named All-WCAC linebacker ... full name is Patrick Joseph Zanelotti. ... son of Linda and John Zanelotti.

Year	G/GS	SOG	G	A	PTS	GB	P/Min.
2005	13/4	0	0	0	0	8	2/1.5
2006	13/10	0	0	0	0	20	7/6.0
2007	14/14	0	0	0	0	42	1/1.0
Total:	40/28	0	0	0	0	70	10/8.5



Pat Zanelotti